

**La Colline**   
Swiss Riviera Beauty Treatment

SKIN•OLOGY

Cellular Facial Anti-Aging Programme  
Programme Cellulaire Anti-Age Visage

**La Colline Cellular Research Laboratories SA**  
CH-1820 Montreux  
SUISSE - SWITZERLAND  
[www.lacolline-skincare.com](http://www.lacolline-skincare.com)



Much like the Swiss watchmaking industry, La Colline Cellular Research Laboratories strives to understand the workings of Time. A unique combination of finely calibrated active ingredients, the **exclusive CMAge® Complex** takes action at the heart of the "cellular clock" to sustain the skin's three vital reflexes: oxygenation, protection and hydration. For the face, La Colline has developed a complete cellular treatment programme whose innovative prowess is backed by the brand's consummate expertise in the mechanisms of cutaneous aging.

## SKIN•OLOGY

### Cellular Facial Anti-Aging Programme

This intensive anti-aging programme, inspired by the methods used in La Colline's beauty treatments, combines highly effective formulas with a radiance activating self-massage. To be carried out once per week for one month, it preserves the youthful beauty of the face with a three-step ritual.

– **Step 1: RENEW - Cellular Modelling Bio-Peel**

A biological exfoliation to renew the skin and optimize the penetration of the active ingredients.

– **Step 2: REVITALIZE – Cellular Face Energizing Collagen Mask**

To boost cellular renewal and restructure the cutaneous hydration process.

– **Step 3: BRIGHTEN – Cellular Intense Radiance Serum**

A fast-acting brightening and smoothing formula to fill in wrinkles and restore a glowing complexion.

#### 1/ Cellular Modelling Bio-Peel

#### Radiance Activating Scrub

This facial scrub exerts an enzymatic exfoliating action to eliminate dead cells with no abrasive particles. Its innovative texture transforms into an oil for a massage that reactivates microcirculation and rids the face of tension.

The skin is smoother, more radiant and optimally receptive to the benefits of the subsequent La Colline skincare products.

Apply a generous layer of the gel to the face and neck, avoiding the area around the eyes, then massage gently following the La Colline **Radiance Activating Massage** technique (see explanatory diagrams on the inside of the case lid) until the texture transforms into an oil. Rinse thoroughly with warm water.

- **Radiance-Activating Massage**

Each movement should be repeated 4 or 5 times.

- 1 - Apply a generous amount of the product, proceeding outward from the median zone of the face and neck.
- 2 - Cover the entire face with the hands and massage in a continuous circular motion from the forehead toward the temples, then toward the lower part of the face. Smooth the neck with upward circular movements.
- 3 - Smooth the lower part of the face using both hands in alternation. Smooth the lip contour area using the index and middle fingers held in a "V" around the mouth.
- 4 - Using the fingertips, smooth the cheeks with small upward circular movements.
- 5 - Using the index finger, massage from the wings of the nose toward the forehead with small upward circular movements. Smooth the muscle between the eyebrows using the index and middle fingers in alternation.
- 6 - Smooth the forehead using both hands in alternation.
- 7 - Repeat step N°2.
- 8 - Finish the massage with a complete smoothing of the face and neck.

Apply **Cellular Modelling Bio-Peel** once per week as a one-month cure. Follow with **Cellular Face Energizing Collagen Mask**.

#### 2/ Cellular Face Energizing Collagen Mask

#### Dynamizing and Stimulating Mask

Its composition, based on a sheet of collagen whose biomatrix forms a three-dimensional fibrous network similar to that of the skin, gives this mask a perfect affinity with the epidermal cells. Its formula replenishes the skin with collagen peptides to re-energize the cells.

Its action is enhanced by the rich blend of active ingredients in the soaking solution: La Colline's exclusive CMAge® Complex with its remarkable anti-aging action, natural extracts of Sage and Ginkgo Biloba to stimulate microcirculation and moisturizing agents (hyaluronic acid and algae extracts) to re-establish the skin's hydro-regulation process.

Under the action of this powerful cellular booster, signs of fatigue disappear, leaving the skin feeling supple and glowing with newfound vitality.

Tear open the envelope and remove the mask. Apply the gel (non-woven) side to the face, carefully aligning the holes for the eyes and mouth. Make sure that the entire face is in contact with the mask. Relax in a comfortable position, with the head leaning back, and let the mask exert its benefits for about 30 minutes.

Use **Cellular Face Energizing Collagen Mask** once per week as a one-month cure, after **Cellular Modelling Bio-Peel**.

#### 3/ Cellular Intense Radiance Serum

#### Beauty Enhancing Serum

This multi-active serum beautifies the face with the radiance and smoothing effects of a rich blend of revitalizing ingredients: pearlescent pigments for a glowing complexion, collagen microspheres, exfoliating enzyme for a self-activating smoothing peel and the exclusive CMAge® Complex, known for its remarkable anti-aging properties.

Day by day, this serum smoothes away the visible signs of passing time. After 1 month, the face looks smoother and replumped, with an even, radiant complexion.

Once per week, apply the serum after **Cellular Face Energizing Collagen Mask** and smooth it in by massaging gently with the fingertips.

Throughout the one-month programme, apply **Cellular Intense Radiance Serum** to the face and neck every day, morning and evening, before the regular skincare cream.